

Make Sure You have the Right Lineup in Your Boat

You've spent thousands of dollars on shells, oars, ergs, and training trips.

But are you missing the best training tool you can put in your boat?

Every NK SpeedCoach gives you the data you need to train more effectively: speed, distance, stroke rate and a timer. But the features don't end there. Make sure you have the right SpeedCoach in your lineup as you prepare for this season.

	Memory	Backlit Display	Batteries	Workouts	Heart Rate	Clock & Calendar	Real-Time Data Transmission to the launch	Unit Price
	25 Intervals of either 100m or 500m each.	Not Available	1 CR2032 battery, estimated life of 1600 hours.	Not Available	Not Available	Not Available	Not Available	\$199
	500 Intervals that can be set to any distance, time or # of strokes.	Automatic in low-light conditions, can be set to come on every 2 or 3 strokes to preserve battery life.	2 CR2032 battery, estimated life of 600 hours, backlight life 20 hours.	1 workout with up to 50 intervals of any distance, time or # of strokes.	Not Available	Not Available	Not Available	\$249
	1000 Intervals that can be set to any distance, time or # of strokes.	Automatic in low-light conditions.	Rechargeable lithium-ion, estimated life before charging: 92 hours if backlight off, 39 if on.	5 workouts each of 20 intervals of any distance, time or # of strokes, stored with alpha-numeric name.	Not Available	12 or 24-hour clock, with date and time stored with all data.	Not Available	\$299
	1000 Intervals that can be set to any distance, time or # of strokes.	Automatic in low-light conditions.	Rechargeable lithium-ion, estimated life before charging: 92 hours if backlight off, 39 if on.	5 workouts each of 20 intervals of any distance, time or # of strokes, stored with alpha-numeric name.	Sensor mounted by tracks, compatible with any coded or non-coded chest strap.	12 or 24-hour clock, with date and time stored with all data.	Not Available	\$369
	1000 Intervals that can be set to any distance, time or # of strokes.	Automatic in low-light conditions.	Rechargeable lithium-ion, life before charging: 13+ hours depending on radio & backlight usage.	5 workouts each of 20 intervals of any distance, time or # of strokes, stored with alpha-numeric name.	Not Available	12 or 24-hour clock, with date and time stored with all data.	Data transmitted 400+ meters on secure network, with up to 9 boats per network.	\$499
	1000 Intervals that can be set to any distance, time or # of strokes.	Automatic in low-light conditions.	Rechargeable lithium-ion, life before charging: 13+ hours depending on radio & backlight usage.	5 workouts each of 20 intervals of any distance, time or # of strokes, stored with alpha-numeric name.	Sensor mounted by tracks, compatible with any coded or non-coded chest strap.	12 or 24-hour clock, with date and time stored with all data.	Data transmitted 400+ meters on secure network, with up to 9 boats per network.	\$569